# OSHA Based Technical Installations in a High Voltage Environment

# Course Outline - (40+ Hours)

Code of Federal Regulations (OSHA CFR)
Understanding the National Power Grid
Anatomy of a Power Pole
Manual of Uniform Traffic Control Devices (CFR)
Personal Protective Equipment PPE (OSHA CFR)
Boom Truck Inspections & Operations (CFR)

Field Work (Boom Truck Operations)

Field Work (Live Electrical Connections & Equipment Installations)

#### **Class Schedule**

#### Tuesday

- Opening & Introductions
- Class content and goals Intro/Overview PP

## -Video - The Power of Electricity

- Code of Federal Regulations (CFR's) PP
  - -OSHA PPE & AF/FR Update Review PP
  - -OSHA PPE & AF/FR Clothes Requirement PP
- Understanding the National Power Grid PP
- Anatomy of a Power Pole PP
- Video Transformer Banks Overview
- Distribution Transformer Manual
- Video Live Wire Demonstration

## - Video - Boom Truck Safe Operations

- Boom Truck Operations (CFR) PP
- Issue & fit PPE- Safety Harness/Helmet/Gloves/Glasses
- Harness Fit Testing
- Boom Truck inspection & Walk around;
- Boom Truck Mast controls-Hands-on familiarization;
- Boom Truck/Bucket practical familiarization/Operation
- Boom Truck Safety/Emergency Training (Worker Down Drill)

#### Wednesday

- Traffic & Workplace Safety (MUTCD) PP\*
- Issue Installation Tools / Make & Dry Run Electrical (Pigtail) Connections
- Review photos of electrical configurations on utility poles
- High Voltage Safety PP Highlight/Emphasis on Safety First
- Live Electrical (Pigtail) installs City Streets/Training Yard

### Thursday

### - Videos (2) Power Theft Videos (2)\*

- Live Electrical (Pigtail) installs City Streets/Training Yard
- Add pole mounting Equipment Enclosure with electrical connection

#### Friday

- Practical Test Live Electrical (Pigtail) install & Pole Mount Surveillance Box
- Review OSHA/Class materials & Written Test
- Streetlight Installation Presentation
- Questions & Answer Session

#### OSHA Based High Voltage #1 Safety Rule